

**INAYAT SHAH**

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**OBJECTIVE:**

*To secure a position where I can use my skills to contribute towards the organizational goals, while enhancing my professional capabilities*

**PERSONAL INFORMATION**

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<b>F/Name:</b>	<b>Muhammad Rafeeq Shah</b>
<b>Date of Birth:</b>	01/04/1987
<b>Marital Status:</b>	Married
<b>Religion:</b>	Islam
<b>Mailing Address:</b>	Department of Psychology, Faculty of Social Sciences Academic Block, University of Malakand, Chakdara, Lower Dir, KP Pakistan
<b>Permanent Address:</b>	Village and P.O Behlola Jadeed Distt and Tehsil Charsadda, KP.
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**EDUCATION AND QUALIFICATIONS**

PhD in Psychology (Progress)	University of Peshawar, (UoP)
MS Psychology	International Islamic University Islamabad (IIUI)
Diploma in Child Psychology	Skill Development Council, Lahore
BS(H) Psychology <i>(Gold Medalist)</i>	International Islamic University Islamabad (IIUI)
F.C.S	Board of Intermediate and Secondary Education, Peshawar
S.S.C	Board of Intermediate and Secondary Education, Peshawar

## PROFESSIONAL AFFILIATION

- Life Time Member of Pakistan Psychological Association (PPA)

## Work Experience

S. No	Designation	Organization	Duration/ Year of Services
1.	In-charge	Department of Psychology, UoM	October, 8 <sup>th</sup> 2019 – till present
2.	Semester Coordinator	Department of Psychology, UoM	November 2017 till November 2019
3.	Lecturer Psychology (BPS – 18)	University of Malakand, Chakdara, Lower Dir, KP, Pakistan	Jan 2016 - till Present
4.	Visiting Faculty Member	Department of psychology IIUI	Feb-2012 – Dec 2015
5.	Internee Clinical Psychologist	Dr. Uzma Masroor (Clinical Psychologist) IHS Hospital F-10/1	Sept 2013 – Feb 2014
6.	Internee	Armed Forces Institute of Mental Health Rawalpindi	6 Weeks (2013)
7.	Internee (clinical Psychologist)	National institute of rehabilitation Medicine (NIRM) G-8/2 Islamabad	3 Months (2013)
8.	Teacher	Islamia Children Academy & college Wali Bagh Charsadda	Sept 2005 – Dec 2007

## Trainings Conducted

S. No	Designation	Theme	Institute	Duration	Year
1.	Resource Person	One Day seminar on Depression & Suicide Prevention	Department of Psychology, UoM	16 <sup>th</sup> Oct	2019
2.	Resource Person	Pakistan Army De-Radicalization Programme (MISHAL)	Pakistan Army (MISHAL)	10 <sup>th</sup> Dec to 05 <sup>th</sup> March	2019
3.	Resource Person	Training Workshop for Competitive Examination Preparation	Department of Pashto UoM	29 <sup>th</sup> October	2018
4.	Resource Person	Training of Community Ulumaa/Khateeb	Jamia al-Kauthar I-8 Islamabad	1-month Series	2012
5.	Master	Training of Madrassa Teachers,	Collaboration of	Two	2012

	Trainer	Uluma and Khateeb <ul style="list-style-type: none"> <li>• Conflict Management</li> <li>• Critical Thinking and Reasoning</li> <li>• Classroom Organization</li> <li>• Effective Use of Technology in Teaching</li> </ul>	Department of Psychology, Department of Education, IIUI with Peace Education Foundation (PEF)	Batches of six weeks each	
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### ***PUBLICATION***

Sr.	Title	Authors	Journal
1.	Impact of conventional beliefs & social stigma on attitude towards access to mental health services in Pakistan	i) Inayat Shah ii) Dr. M. Tahir Khalily iii) Brian Halahan iv) Irshad Ahmad	Community Mental Health Journal (2018)
2.	Factors associated with psychotic relapse in patients with schizophrenia in a Pakistani cohort	Irshad Ahmad Muhammad Tahir Khalily Brian Hallahan Inayat Shah	International Journal of Mental Health Nursing (2016)

### ***RESEARCH PROJECTS IN PROGRESS***

Sr.	Title	Author(s)	Status	Year
1.	Effects of Social Media on Self Perception: a case study of University of Malakand	i) Inayat Shah ii) Zobaida iii) Fazlullah	Compilation	2018
2.	Impact of Work environment on Employees' motivation and self esteem	i) Inayat Shah ii) Huma Gul iii) Paghunda iv) Gul Naz	Compilation	2018
3.	Impact of interpersonal relationship on academic achievement	i) Inayat Shah ii) Robi iii) Hashma Begum	Compilation	2018
4.	Relationship between Study Skills and Academic Achievement of University Students: Moderating role of Academic Self-concept	i) Kainat Zia ii) Inayat Shah	Paper presentation	2017
5.	Investigating the role of social stigma associated with HIV/AIDS in accessing health services	i) Inayat Shah ii) Kainat Zia	Paper presentation	2017

## Trainings and Certification

S. No	Activity	Title	Duration/ Year	Institution
1.	Workshop	Psychological First Aid (PFA)	20 <sup>th</sup> Oct, 2019	Mental Health Assistancy
2.	Workshop	Autism, ADHD, Learning Disabilities & AAC app	17 – 18 June, 2019	Department of Psychology University of Malakand
3.	Workshop	Intellectual Property Rights	April, 2019	Office of Research, Innovation & Commercialization (ORIC) UoM
4.	Training	Training for Economic and Entrepreneurial Capacity Enhancement and Linkages Development Program	4 days 2018	Shoor Foundation for Education and Awareness
5.	Consultancy Workshop	“Problems and Challenges to English Language, Teaching Reforms in Religious Madrassas of Pakistan”	1 Day 2017	Department of English University of Malakand
6.	Workshop	Quantitative Data Analysis using SPSS, AMOS, & EVIEWS”	Two Days 2017	Department of Management Studies, University of Malakand
7.	Workshop	Quantitative Data Analysis using SPSS, AMOS, & EVIEWS”	Two Days 2017	Department of Management Studies, University of Malakand
8.	Training	“Societal Harmony, Religious Tolerance and Education System”	Two Days 2017	Pak Institute for Peace Studies
9.	Training Course	2 <sup>nd</sup> Continuous Professional Development (CPD) for Mental Health Professionals	One Day 2017	Khalily Psychology Clinic Ali Hospital, I-9 Markaz, Islamabad
10.	Consultancy Workshop	“Causes & Consequences of HIV/AIDS in Rural and Urban Communities of Pakistan”	1 Day 2016	Department of Sociology University of Malakand
11.	Training Course	Continuous Professional Development (CPD) for Mental Health Professionals	15 <sup>th</sup> May – 7 <sup>th</sup> August 2016	Khalily Psychology Clinic Ali Hospital, I-9 Markaz, Islamabad
12.	Workshop	Schema Focused CBT 2015	4 Days	Bahria University Islamabad
13.	Workshop	“Psychological Trauma and Play Therapy”	One Day 2015	Serendip Ministry of Change
14.	Workshop	“Test Construction”	Two Days 2014	Department of Psychology IIUI
15.	Workshop	“Healing with Mind & Body Wisdom”	One Day	Bahria University Islamabad Transformation

16.	Workshop	Ethics in Psychological Research and Clinical Practice	Two Days 2014	Dept of Behavioral Sciences School of Social Sciences, NUST
17.	Workshop	“Designing Research Projects”	Two Weeks 2013	Department of History & Pakistan Studies IIUI
18.	Workshop	“Interpretation of Projective Techniques, Report Writing of a Psychological Test & Qualitative Research Methods”	One Week 2013	Department of Psychology IIUI
19.	Workshop	Psychological Autopsy	1 Day 2012	Department of Psychology IIUI
20.	Training Workshop	Workshop on Evidence Based Treatment Strategy (EEG Neurofeedback Therapy)	1 Day 2012	Department of Psychology IIUI
21.	Training As Master Trainer	Certified Trainer From UNODC for(drug control And treatment)	7 – days 2012	United Nation Office for Drug Control (UNODC)
22.	Training Workshop	21st Islamic Tarbiyah Course for Students of IIUI	10 Days 2012	Dawah Academy, IIUI

### CONFERENCES

Organizer, Paper Presenter, Participant

<b>Co-curricular Activities</b>					
<b>Sr.</b>	<b>Role</b>	<b>Certification</b>	<b>Institution</b>	<b>Date</b>	<b>Year</b>
1.	Organizer	2 <sup>nd</sup> Two Days Workshop on Basic Data Handling & Data Analysis using SPSS	Department of Psychology University of Malakand	24 <sup>th</sup> – 25 <sup>th</sup> June	2019
2.	Organizer	National Research Conference Applied Management Research for Solving Indigenous Problems	Department of Commerce and Management Studies University of Malakand	25 <sup>th</sup> – 26 <sup>th</sup> April	2019
3.	Organizer	Two Days Training Workshop on “Acceptance and Commitment Therapy (ACT)”	Department of Psychology University of Malakand	12 <sup>th</sup> – 13 <sup>th</sup> December	2018
4.	Organizer	Seminar on World Mental Health Day 2018	Department of Psychology	24 <sup>th</sup> October	2018

		“Young People & Mental Health in Changing World”	University of Malakand		
5.	Organizer	1 <sup>st</sup> National Research Conference on Contemporary Issues & Practices in Business and Management	Department of Commerce & Management Studies University of Malakand	13 <sup>th</sup> – 14 <sup>th</sup> September	2018
6.	Organizer	Two Days Workshop on Basic Data Handling and Data Analysis using SPSS	Department of Psychology University of Malakand	24 <sup>th</sup> – 25 <sup>th</sup> May	2018
7.	Organizer	Motivational Speech “Importance of Goals in Life”	Department of Psychology University of Malakand	12 <sup>th</sup> April	2018
8.	Participant	1 <sup>st</sup> National Conference of Psychology on “Emerging Social and Mental Health Issues in Society”	Department of Psychology Lahore Garrison University	12 <sup>th</sup> – 13 <sup>th</sup> December	2017
9.	Paper Presenter	1 <sup>st</sup> National Conference of Psychology on “Emerging Social and Mental Health Issues in Society”	Department of Psychology Lahore Garrison University	12 <sup>th</sup> – 13 <sup>th</sup> December	2017
10.	Organizing member	Two Day International conference on “Problems and Challenges to English Language Teaching Reforms in Religious Madrassas of Pakistan”	Department of English University of Malakand	15 <sup>th</sup> – 16 <sup>th</sup> November	2017
11.	Paper Presenter	Two-Day International Conference on “Causes & Consequences of HIV/AIDS in Rural and Urban Communities of Pakistan”	Department of Sociology University of Malakand	5 <sup>th</sup> – 6 <sup>th</sup> April	2017
12.	Participant	1 <sup>st</sup> International Conference on Mental Health	Department of Psychology, FSS, International Islamic University Islamabad	29 <sup>th</sup> – 30 <sup>th</sup> March	2012
13.	Organizer	Organizing Member of Scientific Committee of 1 <sup>st</sup> International Conference on Mental Health	Department of Psychology, FSS, International Islamic University Islamabad	29 <sup>th</sup> – 30 <sup>th</sup> March	2012

14.	Editor	Worked on the Conference Proceeding of 1 <sup>st</sup> International Conference on Mental Health	Department of Psychology, FSS, International Islamic University Islamabad		2012
15.	Participant	International Conference on “Pakistan, South Asia & Muslim Societies”	Iqbal International Institute for Research and Dialogue (IRD) IIUI	6 <sup>th</sup> – 7 <sup>th</sup> March	2012
16.	Participant	13 <sup>th</sup> National Psychology Conference	Pakistan Psychological Association	10 <sup>th</sup> – 11 <sup>th</sup> February	2012

### Additional Skill

1.	<b>Diploma in Information Technology</b>
2.	Can Handle Statistical Package for Social Sciences (SPSS)
3.	Proficient in <ul style="list-style-type: none"> <li>• MS Office,</li> <li>• Internet Browsing,</li> <li>• Inpage (Urdu Writing Application),</li> <li>• Speed Typing</li> </ul>
4.	Can Understand, Speak, & Write Pashto, Urdu and English Language
5.	Good Relationship and Team building Skills

### Hobbies

Sr.	Description of Activities
1	Reading Books and Newspapers
2	Playing Cricket
3	Badminton
4	Browsing Internet

### REFERENCES

References will be provided on demand